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GOLD

GOOD PRACTICES FOR OLD PEOPLE



GOLD PROJECT HAS ALREADY STARTED!

GOLD is a project funded by the Erasmus+ program aiming at promoting exchange of best practices for the social inclusion of old people as well as their mental and physical health maintenance and skills development.

The main objectives of the GOLD project are:

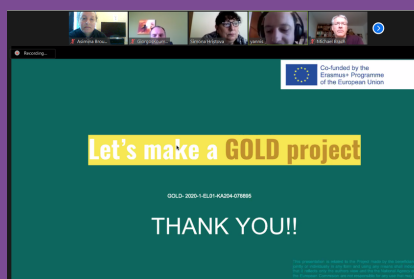
- to promote social inclusion of people over 65 years old
- to exchange best practices on life-long education, mental and physical health, access to social life and digital world for people over 65 years old
- to promote social interaction and inter-generational activities
- to strengthen the competencies of caregivers, educators, adult trainers, other personnel working with people over 65 years old
- to fight stereotypes about old people.

Old people are active members of our society and “GOLD” project will empower them to participate in social activities, to maintain and improve their mental, physical and social skills, to feel active and to have the opportunities to offer to the younger generations by sharing their experiences and wisdom.

During project the 6 partners of the project CHALLEDU (Greece), E-SENIORS (France), FRODIZO (Greece), UNIVERSITY OF MUNSTER (Germany), READING FOR OTHERS (Greece) and ASSOCIATION GENERATIONS (Bulgaria) will exchange best practices and will develop a collection of an innovative palette with tools and best practices.

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THE ONLINE KICK OFF MEETING

Even though COVID-19 was a barrier for partners to meet they implemented an online kick off meeting for the GOLD project on 15th October 2020.

CHALLEDU, the project coordinator of GOLD, hosted the virtual meeting, while E-SENIORS, FRODIZO, UNIVERSITY OF MUNSTER, READING FOR OTHERS and ASSOCIATION GENERATIONS participated in it.

During the meeting CHALLEDU presented the main aims, objectives, results, outcomes and activities of the project. Afterwards all partners presented the organizations they represent and the best practices they intend to share through the GOLD project. All partners together took some time to explore the main regulations of Erasmus+ program, the Project management plan, the timeline and the Risk plan under the coordination of CHALLEDU.

The most important results of the meeting was that the partners met each other face to face (even virtually), exchanged knowledge and defined the next steps of the project.

COMING SOON

- Development of the website and flyer of the project in the languages of partners
- News and updates in our Facebook page
- Mapping of the status and needs of old people in partners' countries